

HARVEST HAMMER OFFICIAL ENTRY FORM – REGISTER FOR NO FEE ON-LINE www.getmeregistered.com
Each team participant must complete an individual registration form. For additional forms go to www.harvesthammer.org or copy this form.

Name: _____ Duathlon Team Partner: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Sex: Male Female Age on Race Day: _____ Grade if applicable _____ Event: _____

E-MAIL: _____

This waiver must be signed by all participants or their parent, if under 18.
I, for myself, my heirs, executors, and administrators, hereby release and forever discharge Morrison Rotary Organization and all Harvest Hammer sponsors, donors, their agents or representatives, the City of Morrison, Mt Pleasant and Union Grove Townships, Whiteside County, and Morrison Community Unit 6 Schools, of all liabilities, claims, actions, damages, costs, or expenses, including death, which I may have against the Harvest Hammer event, and including all injuries that may be suffered by me, before, during or after. I recognize the difficulties of this event and attest that I am physically fit to compete safely. If competing in the bicycle race, I understand that I am required to wear an ANSI helmet, that I must be at least 14 years of age and that no drafting or outside assistance is allowed on any part of the course.

Signature: _____ Date: _____ Kids: Small Med Large Adult: S M L XL XXL

Parent's Signature (If runner/walker is under 18) _____

REGISTER ON-LINE AT WWW.GETMEREREGISTERED.COM

**Proceeds Benefit Local Youth,
Education, Community and
International Projects of
MORRISON ROTARY CLUB**

RUNNER AGE GROUPS:

Wee Run Pre-K – 2ND grade

Fun Run 3RD – 5TH grade

Challenge Run 5TH – 8TH grade

5K Run 13 & Under 14-19 20-29

30-34 35-39 40-44 45-49 50-54

55-59 60-64 65-69 70+

DUATHLON CATEGORIES:

Male Ind., Female Ind.

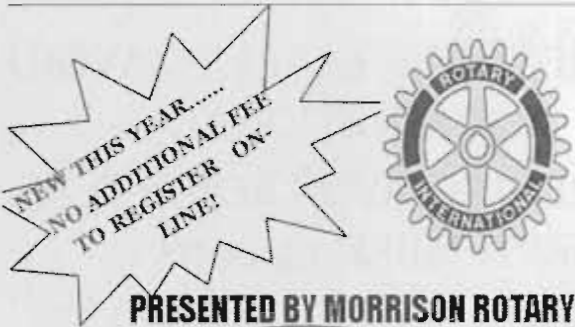
Male Team, Female Team

Co-Ed Team

AWARDS

Runners: Kids events, three deep male and female in each event to receive trophy. Ribbons to all Wee & Fun Run Participants. 5K participants will receive age division awards three deep.

Duathletes: Awards 3 deep by age group, and to top three in male and female duathlete, M team duathlon, F team duathlon, and co-ed teams.



**23rd ANNUAL
HARVEST HAMMER
5K run and 21 Mile
DUATHLON**



September 18, 2010

Morrison High School, Morrison, IL.

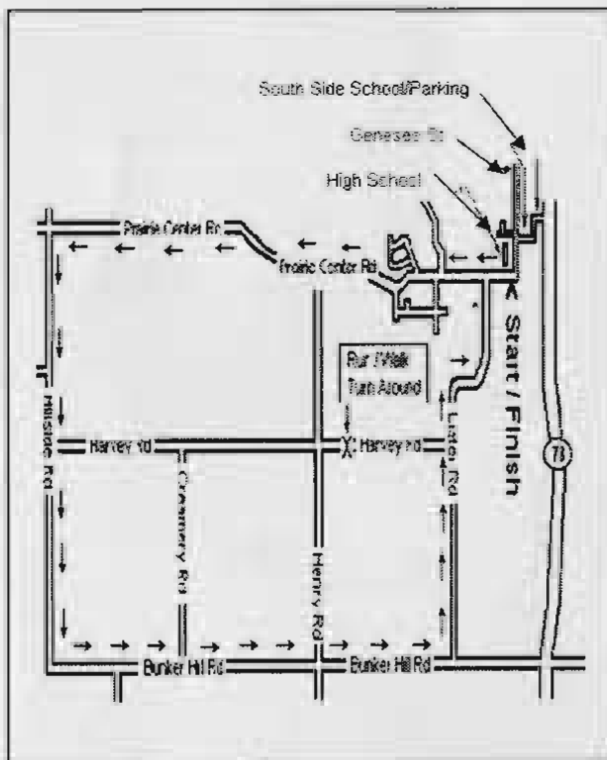
Kids events begin 8:15 a.m.

5K/Duathlon 9:00 a.m.

Morrison Rotary
c/o City of Morrison
200 W Main
Morrison, IL 61270

Directions: Morrison is located in Northwestern Illinois on Hwy. 30, approximately 13 miles west of Sterling-Rock Falls, (marked by Hwy 30-Clinton, IA).

To get to the High School, turn South at Junction 78-(Cherry Street) stoplight. Take Route 78 to South edge of Morrison. Turn right on Academic Drive, to parking at Southside School. The



Bike Route is 2 full laps of course. Course is designated by arrows

Walk/Run - Genesee to Lister Rd, West on Harvey, turn around at top of hill and back to start.

REGISTER EARLY TO AVOID
\$5 ADDITIONAL
REGISTRATON FEE AFTER
SEPTEMBER 13, 2010.

*No fee to register on-line at
www.getmeregistered.com*

**T-SHIRTS TO FIRST 500
REGISTERED**
ONE BICYCLE AWARDED
per kids event
(must be present to win)
Excellent parking and showers
available to all race
participants

Visit our website
www.harvesthammer.org for more
information.

Have questions? 815-564-8772 Kathy or
email us at harvesthammer08@yahoo.com